

## How might seeing the chaplain benefit me?

We know that patients are helped in different ways when they see a chaplain and it is hoped that by offering a safe space to be listened to you will feel some positive benefits.

## To see the chaplain

Your doctor or someone else in the practice can recommend that you see the chaplain or you may refer yourself. The receptionist will be happy to make an appointment for you.

Confidential appointments take place within comfortable and private surroundings in the practice but if you prefer the chaplain can phone you at home.

Confidential appointments take place within comfortable and private surroundings

We give you time to talk

Lincolnshire Community  
**Healthcare Chaplaincy**

Book an appointment at reception to talk to a chaplain

To talk to a chaplain please have a word with your GP or speak to reception staff who will be able to make an appointment for you.

YOUR CHAPLAIN AT THIS PRACTICE IS:

Lincolnshire Community  
**Healthcare Chaplaincy**

Lincolnshire Community Healthcare Chaplaincy is an ecumenical project within the governance of Lincolnshire Methodist District

**The Methodist Church**  
Lincolnshire Methodist District



Registered Charity No. 1134228

Lincolnshire Community  
**Healthcare Chaplaincy**

**NEED SOMEONE  
TO LISTEN?**

We are here for you

Book an appointment at reception to talk to a chaplain





# Lincolnshire Community Healthcare Chaplaincy



## WE ARE HERE FOR YOU IF YOU NEED SOMEONE TO LISTEN

### Why might I want to see a chaplain?

So many things can affect our wellbeing. Sometimes we might need more than a prescription to help us feel better. Our caring chaplain is here to listen to anyone with any concerns they would like to talk about such as:

- ◆ Coping with the loss of a loved one
- ◆ Finding relationships difficult
- ◆ Coping with illness
- ◆ Needing to find strength to face the day
- ◆ Finding that the pressures of life are leaving you feeling drained
- ◆ Making difficult decisions
- ◆ Asking “is there more to life?”

### Who we are

Chaplains are all volunteers from local churches who have undergone the necessary selection, training and safeguarding checks. They are provided with ongoing training and supervision in order that we can offer the very best service to you.

The chaplain is for everyone whether you have a faith or not.

### What happens when you see a chaplain?

When you visit the chaplain they will take time to understand your situation and listen to your story asking how you are feeling and what is concerning you.

At the initial appointment there is a bit of paperwork to go through to help you understand how the chaplain can help and to make sure you're happy with things like data protection.

The chaplain aims to listen to you without judgement and with respect to your beliefs and experiences.

The chaplain will discuss your concerns with you offering reflection and support. This might involve giving you suggestions about being in touch with other helpful organisations or by providing useful ideas.

An appointment can last up to an hour but more often is between 30 and 45 minutes. If you would find it helpful the chaplain will talk with you about having another appointment.

“You are not alone you matter”

### Mission Statement

LCHC aims to be a compassionate presence to those in need, improving holistic wellbeing and bringing hope.

